# BELUGA Persian Grill

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Millennia-old are the intricate flavours of Persian dishes, which a plethora of societies have enjoyed throughout times both ancient and new.

We have fine-tuned the original Persian cuisine along with our team of talented chefs, to bring you fusions of natural herbs and rare spices, young-aged poultry, fresh seafood, and free-range lamb, cooked to an unparalleled level of precision.

We aim for our team to dazzle your taste buds, make you feel majestically welcome and our food to fascinate you.

Join us in a journey through the ages.

Welcome to the rebirth of Persian food.

Welcome to Beluga®
Founders

#### **COLD STARTERS**

#### 1. Masto Khiar 8.9

Home-made Yoghurt accompanied with finely chopped Cucumber & ground Mint

#### 2. Masto Musir 8.9

Yoghurt infused with finely chopped Shallots

#### 3. Burani 8.9

Cooked Spinach soaked in home-made Yoghurt

#### 4. **Humus** 8.9

Mashed Chickpeas, Garlic, Sesame purée, & Olive Oil

#### 5. Shirazi Salad 8.9

Finely-chopped Cucumber, Tomato, Red Onion, dried ground Mint along with slices of Avocado, Lemon & Pomegranate seeds

# 6. Salad Olvieh 9.9

Potato, Egg, Gherkin, Chicken, grated Carrot, mixed in Lemon juice & Mayo

#### 7. **Panir Sabzi** 10.5

Fresh organic Green Herbs, Fetta Cheese, Walnuts, & green Olives

#### 8a. Caesar Salad 8.9

Avocado, Lettuce, Cucumber, Tomato, Basil, Olive, Walnut, with Mustard dressing

# 8b. (Chicken) Caesar Salad 11.5

Avocado, Lettuce, Cucumber, Tomato, Basil, Olive, Walnut & Mustard dressing, with marinated grilled Chicken

#### 8c. (Prawn) Caesar Salad 13.5

Avocado, Lettuce, Cucumber, Tomato, Basil, Olive, Walnut & Mustard dressing, with breaded King Prawn

# 9a. **Zeytoon & Khiarshur** 8.9

Mixture of aged Olives, Gherkins & wild Mushroom

# 9b. **Zeytoon Parvarde** 9.9

Aged Olives smeared in Pomegranate purée, ground Walnut & Herbs, garnished with Pomegranate Arils

#### 9c. Mixed Pickles 8.9

Aged Cabbage, Carrots, Gherkins, Green Chilli & Garlic

#### 9d. Baba Ghanoush 10.5

Roasted Aubergine with added Tahina, Yogurt, Garlic & Citrus, and garnished with chopped Coriander

# WARM STARTERS

#### 10. **Dolma Felfel** 10.5

Cooked bell-pepper stuffed with Rice, Lentils, Herbs & Persian Tomato dressing

#### 11. **Kuku Sabzi** 10.5

Soufflé of Eggs, Herbs, Garlic, Barberries & Walnuts

#### 12. Mirza Ghasemi 11.5

Delicately grilled Aubergine, Garlic, Eggs & Tomato purée

# 13. Kashke Bademjan 11.5

Pan-fried Aubergine, Onions, Herbs, Garlic & Whey Sauce

# 14 a. **Soup-e-Joh** 9.9

A cream focused Chicken & Pearl-Barley soup

# 14 b. **Dal Soup** 8.9

Dal Lentils soup, intermixed with Tomato puree, Milk & mild Spices

#### 15. Zabane Barreh 10.5

Lamb-Tongue slowly cooked, served in Lamb Broth

#### 16. **MIX STARTER** 42.9

Select 5 (Cold & Warm) Options (from the above list)

# 17. Crispy Rice & Stew 13.5

Select Ghormeh or Gheyme Stew as topping

# 18. **King Prawn** 12.5

Breaded King Prawns, fried with mild Spices, and breaded Vegetable

#### 19A. Naan Bread 2.9

Freshly baked with Persian Sesame

19B. Naan Bread (with string-cut Pistachio topping) 5.5

# **20. Fried Chips 5.9**

Fresh, gourmet, half skinned

# **CAVIAR PLATTERS**

# 21. The Royal Baerii Caviar Platter 72

(30g) of Royal Baerii Caviar, served alongside of two-flavoured fried King Prawns, Two slices of Smoked Salmon, poached Egg, Strips of Persian Bread garnished with (20g) of King Premium Salmon Caviar, French Fraîche Crème, Humus, cherry Tomato, Avocado, Asparagus, Lemon wedges, and Cucumber (Serves one to two persons).

#### 22. The Oscietra Caviar Dish 75

(30g) of Oscietra Caviar, served alongside of two-flavoured fried King Prawns, Two slices of Smoked Salmon, poached Egg, Strips of Persian Bread garnished with (20g) of King Premium Salmon Caviar, French Fraîche Crème, Humus, cherry Tomato, Avocado, Asparagus, Lemon wedges, and Cucumber (Serves one to two persons).

# 23. The Imperial Caviar Dish 82

(30g) of Imperial Caviar, served alongside of two-flavoured fried King Prawns, Two slices of Smoked Salmon, poached Egg, Strips of Persian Bread garnished with (20g) of King Premium Salmon Caviar, French Fraîche Crème, Humus, cherry Tomato, Avocado, Asparagus, Lemon wedges, and Cucumber (Serves one to two persons).

# 24. The Persian Beluga Caviar Dish 119

(30g) of Beluga Caviar, served alongside of two-flavoured fried King Prawns, Two slices of Smoked Salmon, poached Egg, Strips of Persian Bread garnished with (20g) of King Premium Salmon Caviar, French Fraîche Crème, Humus, cherry Tomato, Avocado, Asparagus, Lemon wedges, and Cucumber (Serves one to two persons).

#### **GRILLS**

#### **30. Chelo Kubide** 19.5

Twin skewers of grilled minced Lamb, served with steam-cooked Rice & or Salad

# 31. **Chelo Jujeh** 19.5

Grilled skewer of succulent, marinated, diced Chicken fillet, served with steam-cooked Rice & or Salad

# 32a. Chelo Juje (Leg on the Bone): Spicy 20.9

Grilled skewer of "Corn-fed" Baby Chicken [Leg] marinated Saffron, Lemon & Spice, served with Steam-cooked Rice & or Salad

# 32b. Chelo Jujeh (On the Bone) 20.9

Grilled skewer of marinated (a Whole & a Half) "Corn-fed" Baby Chicken, served with Steam-cooked Rice & or Salad

# 33. Chelo Morgh 20.5

Grilled skewer of succulent, marinated, thin Chicken fillet, served with steam-cooked Rice & or Salad

#### 34. Chelo Bakhtiari 21.9

Grilled skewer of marinated diced Lamb & Chicken fillet, served with steam-cooked Rice & or Salad

# 35. Chelo Chenjeh 23.5

Grilled skewer of thick, diced, tender, marinated Lamb fillet, served with steam-cooked Rice & or Salad

#### 36. Chelo Shishlig 23.9

Grilled skewer of tender, marinated Lamb Chops, served with steam-cooked Rice ♂ or Salad

# 37. Chelo Barg 24.9

Grilled skewer of thinly sliced, tender, marinated Lamb fillet, served with steam-cooked Rice & or Salad

#### 38. Chelo Jujeh Makhsoos 22.9

Grilled skewer of marinated, tender, diced Chicken fillet, & a skewer of minced Lamb, served with steam-cooked Rice & or Salad

# 39. Chelo Morgh Makhsoos 23.9

Grilled skewer of marinated, tender, thin Chicken fillet, & a skewer of minced Lamb, served with steam-cooked Rice & or Salad

(Grills: Continue)

#### **GRILLS**

# 40. Chelo Chenje Makhsoos 26.9

Grilled skewer of thickly diced Lamb Fillet & a skewer of minced Lamb, served with steam-cooked Rice & or Salad

# 41. Chelo Shishlig Makhsoos 27.9

Grilled skewer of tender, marinated Lamb Chops & a skewer of minced Lamb, served with steam-cooked Rice & or Salad

# 42. Chelo Barg Makhsoos 28.5

Grilled skewer of thinly sliced Lamb Fillet & a skewer of minced Lamb, served with steam-cooked Rice & or Salad

# 43. **Chelo Cardy** 28.5

Grilled skewer of thinly sliced Lamb, beneath a layer of minced Lamb served with steam cooked Rice & or Salad

# 44. Mix Grill (Serves 1 Person) 33.9

Grilled skewer of Lamb Chops & thinly sliced Chicken Fillet, & a skewer of minced Lamb, served with steam-cooked Rice & or Salad

# 45. Mix Grill (Serves 2 People) 55.9

Grilled skewer of Lamb Chops, a skewer of thinly sliced Chicken Fillet, & Twin skewers of minced Lamb, served with Two portions of steamed-cooked Rice & or Salad

# 46. Mix Grill (Serves 3 People) 72.9

Grilled skewer of Lamb Chops, a skewer of thinly sliced Chicken Fillet, Twin skewers of minced Lamb, & a skewer of (a Whole & Half) "Corn-fed" Baby Chicken, served with Three portions of steam-cooked Rice & or Salad

#### Mix-Grill Gravy 2.9

Dazzling, Asian-inspired mixture of Garlic, Ginger, ground Roasted Cashew & Cardamom, with finely chopped Coriander, Tomato, and a selection of spices such as Curry & Paprika, all cooked in Lamb Broth.

#### **STEWS**

#### 50. Chelo Ghormeh Sabzi 21.9

Fresh & finely-chopped Herbs, Kidney Beans, diced tender Lamb & sun-dried Lime served with a portion of steam-cooked Rice

# 51. Chelo Gheyme Bademjan 21.9

Pan-fried Aubergine in Persian Tomato sauce, with Yellow Lentils, diced Lamb & sun-dried Lime, served with a portion of steam-cooked Rice

#### **52. Chelo Bamie** 21.9

Pan-fried Okra in Persian Tomato sauce, with sliced Mushroom & Lamb Shank served with a portion of steam-cooked Rice

#### 53. Chelo Fesenjan 22.9

Fried ground Walnut, infused with wild Pomegranate sauce & roasted Duck [or] Lamb Shank, served with a portion of steam-cooked Rice

# 54. Loobia Polo – or – Baghala Polo (with Lamb Shank – or – Neck Fillet) 24.9 Slow-cooked, succulent Lamb Shank (and or) Neck Fillet, [served with either of the following]: Steam-cooked Rice, intermixed with Green Beans (Loobia), Tomato sauce & Sun-dried Tomato (or) Steam-cooked Rice, intermixed with Broad Beans (Baghala) & Sun-dried Dill

# 55. Tah-chin (Morgh & Bademjan) 24.9

Crispy-baked Rice, mixed with Saffron, Egg & Yoghurt, filled with shredded Chicken & Aubergine, served with Salad & small portion of (Gheyme Bademjan Stew & a Chicken thigh)

#### 56. Zereshk Polo & (Khoresh) Morq 21.9

Pan-fried Chicken Leg, cooked in Persian tomato sauce, served with a portion of steam-cooked Rice with fine Saffron & wild Barberries

# 57. Stuffed Baby Chicken 23.9

Baby Chicken fried in (Pomegranate Puree), with added mixture of seedless Raisins, crushed Walnuts, finely chopped Mint, string-cut Almond, Sun-dried golden Apricot & Barberies; served with steam-cooked Rice

# 58. **Ab Goosht** 19.9

Traditional Persian Lamb stew (on-the-bone & slow-cooked in broth), Intermixed with a selection of legumes, tomato, potato, onion and Asian spices. (The meal is served with mixed-pickles, fresh-onion, and a Naan bread).

#### **SEAFOOD**

# 60. Chelo Khoresh: (Prawn & Salmon) 23.9

Stew of King Prawn & Salmon with finely-chopped, shallow fried fresh Herbs, Tamarind sauce & sliced Mushroom, served with steam-cooked Rice

#### 61. **Chelo Mahi** 26.9

Grilled slices of succulent, marinated Seabass (or) Salmon served with steam-cooked Rice & Salad

# 62. King Prawn 25.9

Breaded King Prawns, fried with mild Spices, served with seasonal Avocado Salad

#### VEGETARIANS

# 70a. Baghala Polo (with Kuku & Vine-Leaves) 17.9

Steam-cooked Rice, intermixed with Broad Beans & Dill, served with slices of Kuku Sabzi (Vegetable Soufflé) & Vine-leaves-Dolma, served with seasonal Salad

# 70b. Loobia Polo (with Kuku & Vine-Leaves) 17.9

Steam-cooked Rice, intermixed with fried Green Beans, Persian Tomato sauce, sun-dried Tomato, along with slices of Kuku Sabzi (Vegetable Soufflé) & Vine-leaves-Dolma, served with seasonal Salad

# 71. Khoresh Bamie (Vegetarian) 17.9

Pan-fried Okra & sliced Mushroom in Tomato sauce, served with steam-cooked Rice

#### 72. Khoresh Karafs (Vegetarian) 17.9

Pan-fried Celery & sun-dried Line, with fresh Herbs, served with steam-cooked Rice

# 73. Khoresh Gheyme (Vegetarian) 17.9

Pan-fried Aubergine in Persian Tomato sauce, with Yellow Lentils, & sun-dried Lime, garnished with fried Chips, served with a portion of steam-cooked Rice

# **EXTRAS**

#### 81. **Rice** 5.9

Steam cooked Persian Rice (Crispy on the Shell & Soft Inside), with Saffron & sliced Potato topping, garnished with string-cut Pistachio & wild Barberries

#### 82. Morssa Polo 10.9

Steam-cooked Persian Rice topped with string-cut Pistachio, Almond, wild Barberries & Orange Peel

83. **Kubide** 6.9

Skewer of grilled minced Lamb

84. **Chenje** 17.5

Skewer of grilled diced Lamb

84a. **Shishlig** 17.9

Skewer of grilled Lamb-Chops

85. **Barg** 19.9

Skewer of grilled thinly sliced Lamb

86. Jujeh 12.9

Skewer of saffron marinated gilled Baby Chicken

32a. Juje (Leg on the Bone): Spicy 13.9

Grilled skewer of "Corn-fed" Baby Chicken [Leg] marinated Saffron, Lemon & Spice,

87. **Juje (On the Bone)** 13.9

Skewer of saffron marinated gilled (one whole & a half) "Corn-fed" baby chicken on the bone

88. **Fillet** (**Morgh**) 13.9

Grilled skewer of succulent, marinated, thin Chicken fillet

# **SOFT BEVERAGES**

90. Fresh & Pressed Juices 6.9 Watermelon | Carrot | Pineapple Orange | Apple | Mango & Orange

90a. **Coca Cola, Fanta, Sprite** (330ml glass) 3.9 Still & Sparkling **Water** (330ml: 2.9) (750ml: 4.9)

> 90b. Persian Kefir **Doogh** 500ml: 4.9 Traditional Salty & Herbal Yogurt drink

91a. **Ginger Beer (0% Alcohol Free)** 5.5 91b. **Heineken Beer (0% Alcohol Free)** 5.5

92. Selection of Aromatic Persian **Tea**Cup (small 1.9, Large 2.5)
Pot (small 5.9, Large 6.9)
Options to select from:

Cardamon, Cinnamon, Saffron, Echium, Ginger, Thymes, Valerian, Orange Blossom, Mallow, Lemon Beebrush, Apple, Green, Mint

93. **Coffee** 4.9 Espresso, Macchiato, Americano, Latte, Cappuccino, Flat White

94. Hot Chocolate 4.9

95. Virgin **Mojito** 8.9 Refreshing blend of Mint, Lemonade, Apple & Ice

96. Virgin **Passionfruit & Lime Fizz** 8.9 Passionfruit, lime juice, agave syrup, Soda Water

97. **Khak-Shir** 8.9 Traditional Persian Syrup, with Saffron & "London-Rocket Seeds"

# BELUGA

# Persian Grill

# 147-149 Notting Hill Gate, London, W11 3LF

#### 020 7041 8053

# www.BelugaNottingHill.co.uk

Opening Hours: 12:00 - 23:00

During peak times, we are able to allocate an Hour & Half of seating.

All our Persian Rice is cooked at precisely 73 degrees Celsius Served with a Hard-Crispy Top Layer, but softer inside, with added Saffron for its fragrance & texture, & garnished with fried sun-dried Barberries.

Most grills are marinated in a dazzling mixture of: Saffron, Onion, Garlic, Lemon Juice, Pepper & Salt, With a brush-stroke of Salty Butter & Saffron, & garnished with diced Parsley & diced sweet Pepper.

All our Meat-Stews are slowly cooked to optimise flavour.

All our Bread is freshly baked to order.

Food Allergen fact-sheets are available upon request

We are proud to serve **HALAL** meat.

Prices here within are for Takeaway-Sales, and therefore:

12.5 % Charge is Applied to All & Any Inside Table Services

(Please check Gov.uk website for HMRC's rules on Mandatory Service Charge)

# Events & Catering

With over 23 years of experience in managing large events, We would be delighted to discuss your next gather in detail. Please contact proprietor on **07395 820 315** 

Any comments & recommendations would be greatly appreciated info@BelugaNottingHill.co.uk

Thank You